



## CHARTER QUARTZ Elite 2020 PROGRAM

*The objective of the QUARTZ Elite Program is to promote the philosophy of a Sport without drugs and thus contribute to a doping-free Sport.*

*The QUARTZ Elite Program consists of a unique biological and toxicological monitoring in order to first protect Athlete's Health.*

*The QUARTZ Elite Program is developed by the non profit Organization « Athletes For Transparency »(AFT).*

Article 1: The Athlete's Membership in the QUARTZ Elite Program is done on a voluntary basis but requires the knowledge and total respect of all the articles of this Charter. The Athlete's Membership in the QUARTZ Elite Program can only be effective after signing this Charter and making payment to the Association AFT.

Article 2 : The QUARTZ Elite Program has neither the vocation nor the competence to replace anti-doping rules but imposes additional rules to be respected by the Athlete.

Article 3: The QUARTZ Elite program is managed by an Experts Commission composed only of Medical doctors or Ph. D. in Science. This Experts Commission is responsible for regularly ruling on the profile of the Athlete and in particular on his/her ability to integrate and remain in the QUARTZ Elite Program and / or to participate in a competition..

Article 4 : Each Athlete agrees to :

1. Create, declare and update in your QUARTZ Elite Health Space the following information:
  - All information relating to the "Profile" menu and in particular, provide a valid email address and mobile phone number.
  - Any medical history and/or pathology, in particular those which may increase risks during competition in the menu « Medical form ».
  - Information relating to his/her location, (only the country and city) for each day, as well as the schedule of competitions in the "Location" menu,



except for an Athlete already located in the ADAMS system of the WADA or other.

- The use of regular treatments or medication in the menu « Medication use ».
- The use of dietary supplements in the "Dietary supplement" menu.
- Request or use of a substance or method subject to a Therapeutic Use Exemption (TUE) in the menu « TUE ».

The information declared is accessible only to the members of the Experts Commission and to the administrators of the platform of the QUARTZ Elite Program.

2. Provide all urinary and/or blood and/or hair and/or salivary samples within 4 working days (weekends and public holidays excluded) and also consent to the associated analysis of these samples, on the understanding that the costs for sampling and analyses are covered directly by the QUARTZ Elite Program.

3. Do not participate in any competition when using

Within 60 days before the start of the competition and during the competition

- Intravenous iron infusion

Within 7 days before the start of the competition and during competition

- Intravenous infusion
- Gas inhalation
- Substance subject to a Therapeutic Use Exemption (TUE) according to the WADA (World Anti-Doping Agency) Prohibited List published annually
- Glucocorticoids regardless of the mode of administration
- Thyroid synthesis hormones except in case of partial or total removal of the thyroid or hypothyroidism of medical origin.

Within 24 hours before the start of the competition and during competition



- Beta-2-agonist regardless of the mode of administration
- Non-Steroidal Anti-Inflammatory Drugs (NSAIDs) regardless of the mode of administration

The possible use of these different substances may be identified in the context of the analysis carried out before and/or after the competition or any other means of investigation.

4. Provide any doping control form legible completed within 15 days
5. Provide all other biological results in particular those from regulatory medical monitoring.
6. Provide twice a year, if applicable, access to your ADAMS account for a 4 consecutive hours period in order to allow administrators of the QUARTZ Elite Program to study and transfer information, in particular that relating to the Athlete Biological Passport (ABP).
7. Accept to answer any meeting request on site or remotely (phone or videoconference) that the Experts Commission may ask for in order to discuss his/her ability to integrate or maintain himself / herself in the QUARTZ Elite Program and/or to participate in a competition.
8. Accept the use, for the only purpose of research and in a strictly anonymous way, of data concerning him. Each Athlete has a right of access, rectification and opposition to data concerning him / her. The Experts Commission is the authority with which the participant can exercise this right.

Article 5 : Due to his / her voluntary membership in the QUARTZ Elite Program, the Athlete undertakes not to denigrate or harm in his / her communication the image of the QUARTZ Elite Program.

Article 6 : In case of funding of the QUARTZ Elite Program by a Partner, the Athlete allows to display the logo of this Partner on his/her space on the quartzprogram.org website only, subject to the Athlete's agreement.

Article 7 : Any breach in this QUARTZ Elite Program Charter will be studied by the Experts Commission, which may decide at any time on whether the Athlete can remain in the QUARTZ Elite Program. If the Athlete is excluded from the QUARTZ Elite Program, no refund will be made by the Association AFT.



Article 8 : The Athlete is free to withdraw from the QUARTZ Elite Program at any time but will not be able to claim any refund from the Association AFT.

Article 9: This QUARTZ Elite Program Charter is concluded for a maximum period of one year between 01/01/2020 and 31/12/2020 depending on the date of entry of the Athlete into the QUARTZ Elite Program related to the signature of this Charter. This QUARTZ Elite Program Charter is subject to French law. Any dispute relating to its execution or interpretation will be submitted to the courts of the city of Lyon.

**Date:**

**Name and First Name of the Athlete:**

**Signature:**